

# CHALLENGE YOURSELF FOR ARDOCH



This year we are very excited to be offering you some new ways to further support Ardoch, whilst ticking something off your bucket list! Have you been meaning to do that half marathon or 10km run? Or has trekking the Larapinta Trail always been a personal ambition? If so, then it is time to join Team Ardoch and help raise vital funds whilst challenging yourself to reach your goals. We have some amazing events to choose from, including Ardoch's own Great Race.

#### Ardoch's Great Race – May 4

Ardoch's Great Race isn't like any other fun run. This race will put your puzzle solving and teamwork skills to the test. It's time to get your team of four together and enjoy an amazing race style event around the Melbourne CBD.

#### Sydney Morning Herald Half Marathon – May 19

Join one of Australia's largest half marathon events. The iconic 21km course will take you past many of the beautiful sights of Sydney's harbour side.

#### Run Melbourne – July 28

Your opportunity to run 5km, 10km or 21km, whilst experiencing a unique perspective of the city and the chance to discover one of the most liveable cities in the world on foot.

#### Ardoch Trek for young Australians – 5-11 August

There are only three spots left in the Ardoch Trek for Young Australians, so don't miss out! This is your opportunity to experience the Larapinta Trail, one of Australia's most spectacular treks and a once in a lifetime event.

#### Bridge to Brisbane – 25 August

Be part of Queensland's largest fun run in 2019. Run with 30,000 other like-minded people across Brisbane's most iconic landmarks in the 10km or 5km Bridge to Brisbane.

More than 93% of Ardoch's revenue comes from fundraising efforts. We rely on the generous support of the community to raise more than \$2 million in order to fund our national education programs and support over 15,000 children in disadvantaged communities each year.

So, please join Team Ardoch and help raise vital funds for our important work. To find out more about how you can get involved, please call Theresa Stewart on 03 9537 2414, or email [theresa.stewart@ardoch.org.au](mailto:theresa.stewart@ardoch.org.au) or visit our website.

## YES, I want to support children in disadvantaged communities.

Gifts over \$2 are tax-deductible.

Please accept my donation of \$50 \$100 \$250 Surprise Us \$

OR please deduct \$..... each month from my credit card below.

#### PAYMENT OPTIONS

Please find enclosed my cheque to 'Ardoch'

(alternatively, you can donate online at [www.ardoch.org.au](http://www.ardoch.org.au))

OR I authorise Ardoch to debit my credit card:

Visa  Mastercard  Amex

Card No: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

CVV: \_\_\_\_\_ Expiry Date: \_\_\_\_ / \_\_\_\_

Cardholder's name: \_\_\_\_\_

Cardholder's signature: \_\_\_\_\_

Title: \_\_\_\_\_ First name: \_\_\_\_\_ Surname: \_\_\_\_\_

Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ State: \_\_\_\_\_ Postcode: \_\_\_\_\_

Home Tel: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Please also send me further information about:

leaving a gift to Ardoch in my Will  volunteering

supporting Ardoch through my business/workplace

Post to: Ardoch

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REALISING CHILDREN'S POTENTIAL THROUGH EDUCATION

**30 YEARS**  
OF IMPROVING EDUCATIONAL OUTCOMES  
FOR CHILDREN & YOUNG PEOPLE IN  
DISADVANTAGED COMMUNITIES.

**20  
19**

[WWW.ARDOCH.ORG.AU](http://WWW.ARDOCH.ORG.AU)

# NEWSLETTER

AUTUMN EDITION

## THANK YOU FOR MAKING 2018 ARDOCH'S BIGGEST YEAR YET!



You are all amazing! In 2018, Ardoch delivered more programs and supported more children and young people than ever before. What a fantastic way to celebrate our 30th Anniversary. We partnered with 105 early years centres, primary and secondary schools, mobilised 1718 volunteers, delivered over 20,000 program participations and supported the education of 15,388 children and young people in disadvantaged communities around Australia.

#### We could not have done this without your support!

You helped us recruit train and place over 240 Education Volunteers to support children's literacy and learning development.

You helped us deliver 39 Literacy Buddies® programs which gives children a real life context to practice their writing and composition skills and to increase engagement and confidence in literacy.

You helped us offer 5 Writer in Residence programs which enhance children's literacy and language skills and increase their aspirations for creativity, story-telling and writing.

You helped us provide 11 Numeracy Buddies programs which improves children's maths skills by allowing them to verbalise key concepts, and by making maths an interactive and fun activity.

You helped us deliver 22 Robotics Programs which gives children the opportunity to engage with the STEM curriculum in a hands-on, creative and inspiring way.

You helped us provide 16 Learning Through Lunch programs which engage children as they taste new foods, learn about formal dining etiquette and recognise hospitality as a possible career path.

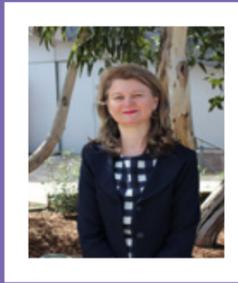
You helped us offer over 150 Broadening Horizons Programs which provide children with inspiring learning and life experiences.

You helped us deliver 100 Pathways Beyond School Programs which encourage young people's aspirations for learning, careers and pathways to future study.

So, thank you from all of the team at Ardoch, our partner schools and the children and young people that were supported through our programs last year. We are so grateful for you and your commitment to improving educational outcomes for children and young people in disadvantaged communities.

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## FROM OUR CEO



I am so proud of what the Ardoch team achieved in 2018. Celebrating 30 years of making a difference to the educational outcomes of children in disadvantaged communities is incredible enough, but to do so by having reached more than 15,000 children and young people across 105 education partner sites is extraordinary.

None of this would have been possible without the support of the more than 1700 volunteers who gave us their time and talent, or the funders and range of community and corporate partners who joined to support our work.

However, beyond the growth in numbers and reach of Ardoch's program is the growing body of evidence of the impact of our programs and the extent to which these are valued by our school and early years partners. We are looking forward to the results of the independent evaluation of our Literacy Buddies® and Numeracy Buddies programs undertaken by NOUS Group.

We are also looking forward to working with ORIMA Research this year in relation to evaluations of our Learning Through Lunch program and Ardoch's place-based approach in Dandenong.

With Term 1 already behind us, the Ardoch team are not wasting a minute of 2019 in our quest to ensure that every child's potential is realised through full participation in education.

We were pleased to include a flyer that promoted Ardoch's annual School Costs Guide included in the Victorian Government's 'Prep Bags' given to more than 60,000 families with children starting Prep this year. Not only is this a useful resource for all families looking to minimise the impact of return-to-school expenses on household budgets but provided significant exposure for Ardoch.

This year we are delighted to be commencing a significant expansion of our Early Language and Literacy (ELL) program to early years centres in Victoria over the next three years, thanks to new support from the William Buckland Foundation. We have also secured an exciting new partnership with the RACV Foundation to provide 40 Learning Through Lunch programs this year which will engage both parent and workplace volunteers. Additionally, subject to securing a final component of matched funding, we will be expanding our Education Volunteers program into NSW, thanks to the support of the Ian Potter and Morpheus Foundations.

As we work with more schools and early years services, demand for our programs grows and will continue to require support of our individual, corporate and philanthropic supporters. There are many great ways to get involved and we look forward to continuing to work with you in 2019.

**Kylee Bates**  
Chief Executive Officer

## RACV COMMUNITY FOUNDATION IS HELPING VULNERABLE CHILDREN “LEARN THROUGH LUNCH”

Ardoch is excited to be the recipient of a substantial grant from the RACV Community Foundation. The Foundation helps marginalised and at-risk Victorians, through supporting grass roots programs that create opportunities for Victorians to engage with their communities and build meaningful social connections.

This grant will expand our Learning Through Lunch program from supporting 655 children in 2018 to engaging over 1200 students from 40 schools, with 160 parent volunteers and 160 community volunteers across Geelong, Frankston, Dandenong and Melbourne's West.

Learning through Lunch is an inspiring program that takes primary school students from disadvantaged areas to a hospitality training college or social enterprise restaurant and introduces them to new experiences and food that they may never have tried before. Parent and Community volunteers will provide much needed adult role modelling and mentoring by sharing the meal and assisting the children in navigating the dining experience.

This program provides the opportunity for all participants to come together and share a new experience while enjoying a meal in a social environment and building community connections. At lunch, table conversations about paid employment and further education are encouraged to prompt thinking about post school education, employment and career options.

Ardoch has had great success with this program in the past with 76% of students saying they feel more confident trying new experiences after attending Learning through Lunch with a further 78% saying the experience made school more interesting and fun for them.

One of the student's said the best part was “meeting new people and talking, having lunch with them and getting to know their jobs, past life, interesting facts about them and eating really delicious food”



We would like to thank the RACV Community Foundation for their generous support of Ardoch and the Learning through Lunch program.

## AIA EXPANDS OUR VALUED PARTNERSHIP



We are thrilled to announce that in 2019, our valued partner AIA Australia, is expanding its partnership with Ardoch.

AIA Australia is committed to making a positive difference in people's lives; a philosophy they not only apply through their life insurance and AIA Vitality, but through their community initiatives and partnerships that help their employees, families, the local community and society at large live healthier, longer, better lives.

For seven years, the AIA Australia team has been supporting Sacred Heart Primary School in Fitzroy through employee participation in a number of Ardoch's programs. This year, their Actuarial Professional Family are participating in our Numeracy Buddies program with Seaford Park Primary School to help improve children's maths skills through verbalisation of key concepts and by making maths an interactive and fun activity. It also connects the children with positive working role models to help build aspiration for further education and career pathways.

The Chair of AIA Australia's Community Committee, Jarrod Sawers, shared: “Ardoch & AIA Australia have a long standing and highly successful partnership. Over recent years, Ardoch's Literacy Buddies®, Learning Through Lunch & Broadening Horizons programs have helped drive employee engagement while importantly helping Ardoch's vision of helping every child reach their potential. In 2019 we are excited to broaden our partnership and leverage the mathematical skills of our team through the addition of the Numeracy Buddies program.”

We are so grateful for the support of AIA Australia and its committed team and look forward to continuing to improve educational outcomes for children in disadvantaged communities together in 2019.

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[WWW.FACEBOOK.COM/ARDOCH.YF](http://WWW.FACEBOOK.COM/ARDOCH.YF)**

## MEET OUR VOLUNTEER MANDALAY



Mandalay is one of Ardoch's amazing Education Volunteers and has been with us for over a year. She is currently studying nutrition at Deakin University and has a strong interest in childhood development.

Mandalay volunteers in the Frankston region, as part of our Early Language and Literacy (ELL) program. This is a comprehensive early year's program which provides early intervention and support in areas of high need to improve vulnerable children's school readiness. Volunteers are trained to foster children's oral language development, pre-verbal and socialisation skills through play and early literacy and reading skills.

Every week for two hours, Mandalay uses the Ardoch ELL Resource Kit of books, props and educational toys when working with children, along with a Volunteer Activity Guide that outlines activities to develop oral language. These activities involve reading and literacy development, attention and eye contact, listening, turn taking, imitation, pretend play, pragmatic skills and receptive and expressive language

### What were your reasons for originally volunteering with us?

I've always been really interested in developing programs for young kids regarding nutrition, particularly since they say nutrition starts in their childhood. Ardoch is a really good way to get to know what children are like and I really enjoy it. It feels like I'm making an impact.

### What are your favourite activities to do with the kids?

I like reading with the children, it's really relaxed and amusing to hear their responses. For example, one of the girls was trying to read the book, but she couldn't so she made up a story to go along with the pictures and it was funny to hear what she came up with.

### What do you have to say to others who are thinking of volunteering with Ardoch?

Definitely go for it, particularly if you're looking for a great way to spend a couple of hours a week. It just feels so worthwhile. Honestly, just go for it, the kids love it and they're all so happy. It's also a great networking opportunity. In addition to the ELL program, I've been asked by the teacher to present and do in class activities for the children regarding nutrition. I've really gotten a lot out of the experience.