

VIRTUAL SPEED CAREERS
SECONDARY TEACHER PACK



# **ABOUT ARDOCH**

Ardoch has been supporting children and young people to realise their potential through full participation in education for over 30 years. All children face challenges at school, and many things can affect a child's ability to engage in the classroom. Ardoch works closely with our schools to support these students through our educational programs.

Our mission is to increase engagement in education, build the aspirations and enhance the learning outcomes of children. We achieve this by mobilising community and workplace volunteers to build the capacity of schools and early years centres. We also advocate for, and seek to influence, policy change to reduce inequity in education.

Ardoch partners with more than 135 schools and early years services to deliver tailored education support programs to more than 18,000 children and young people across Australia each year. The majority of our partners are in Victoria, where we have a particular focus on communities in Dandenong, Melbourne's South East, Geelong, Hume, Wyndham and Melbourne's West. Additional education partners are located in inner and greater Melbourne, Ballarat, Brisbane, Perth and Sydney.

Our programs are focused on literacy, science, technology, engineering and maths (STEM) and offering incursions and excursions that enable children to broaden their horizons.







# Lesson guide

#### **Learning outcomes:**

- Students can remember information about a range of careers
- Students can identify a role or industry they are interested in pursuing
- Students can ask and answer questions of adults
- Students ask for help when needed, listen attentively, and follow step by step instructions during the speed careers program

#### **Victorian Curriculum areas:**

- Year 7 Career Education: career exploration; Learning outcome 4 Discover how different kinds of work require different combinations of skills and knowledge;
- Year 7 Career Education: career exploration; Learning outcome 5 Understand the contribution of work to family life and explore the effect of work on people's lifestyles.
- Year 8 Career Education: career exploration; Learning outcome 5 Explore the importance of a
  variety of skill types in the workplace Explore the relationship between work and the community,
  and how technological advances impact on work roles in the community.
- Year 9 Career Education: career exploration; Learning outcome 6 Explore the relationship between work and the community, and how technological advances impact on work roles in the community. Explore the education and training requirements of various work roles in your preferred future occupation or work sectors.
- Year 10 Career Education: career exploration; Learning outcome 6 Explore the education and training requirements of various work roles in your preferred future occupation or work sectors.

#### Key vocabulary:

- <u>Job</u> a paid position that you do on a regular basis in which you swap your time and skills for money
- <u>Career</u> the different jobs that are undertaken across a person's life
- Industry a group of companies or organisations that have similar aims and types of work
- Skills things you need to be able to do in order to perform your job, such as using a computer
- Qualifications an ability or official record that shows you have the skills to do a certain job, such
  as a university degree

#### Resources:

- IT setup to enable screening of short videos via password protected YouTube clips
- 'Career cards' to support the videos which are included at the end of this pack

## Lesson structure ideas

#### **Introduction (10 minutes):**

Introduce the idea of jobs and careers using prompt questions:

- Why do people have jobs?
- Can you name some jobs?
- How do you get a job?

Students could also list different jobs in groups or write them down individually.

Explain that today we'll be watching Ardoch videos of real people talking about their jobs. Students are invited to listen and think about what kind of job it is and if it's a job they would like to do one day.

Please feel free to hand out the career cards included in this pack, to support student learning.

#### Play Video 2: Career showcase (7 minutes)

#### **Discussion with classroom (7 minutes):**

- What kind of job was being talked about?
- How did the speaker get their job?
- Did the speaker like their job?

#### Play Video 3: Career showcase (7 minutes)

#### **Discussion with classroom (7 minutes):**

What kind of job was being talked about?
What kind of tools does the speaker use in their job?
What is hard about the speaker's job?

## Lesson structure ideas cont'd

#### Closure (10 minutes):

An opportunity for students to reflect on what the speakers shared as well as their own dream jobs. Students could write down responses to some questions, including:

- Of the two speakers, which job would you like to do and why?
- List some jobs you might to do in future
- What kind of things will you need to learn to do one of those jobs?

Some key points to discuss and consider might be: people do lots of different jobs in their lives so it's alright to have different ideas and ambitions; all jobs require skills and hard work but they can also be interesting and fun; most jobs mean working with other people so learning how to work in a team is really important; the world is full of different jobs and careers so it's good to ask lots of questions when you meet adults about the work they do.

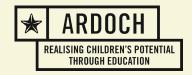
There are ten speed careers videos to choose from from a variety of industries so this a lesson that can be repeated or revisited in different ways. The career cards below can be used as a prompt and reminder of previous videos.

Virtual speed careers can also be run as a larger event, with students watching all ten videos across a morning or afternoon, followed by a broader discussion at the end using the questions above.



Accountant

VIRTUAL SPEED CAREERS



What I do

Budgeting
Paying bills and staff
Buying supplies and equipment



Vhat I like

Working in a team
Solving problems
Being involved in all parts of the business

What's hard

Doing things with a small budget Short time frames



Iv skills

University degree
Bookkeeping certificate
Patience and attention to detail



People say

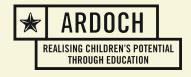
"Prepare yourself to face opportunities and challenges"





### Sports Statistician

VIRTUAL SPEED CAREERS



What I do

Find the numbers you see when you watch sport on TV like personal bests and number of goals kicked in a season

Vhat I like

The excitement of live sport
Working with a great team of people



What's hard

Having to work in the evenings or on weekends



My skills

Certificate in Sports Management Being good with numbers Communication skills



People say

"Always say yes to opportunities"





**Engineer** 

Managing Director and CEO

VIRTUAL SPEED CAREERS



What I do

Lead the business
Help my team to develop their skills



hat I like

Supporting my team
Helping other people develop new skills



What's hard

Giving difficult feedback to people
People being annoyed about something
being late



My skills

Engineering degree

Masters of Business Administration

Good communication with people



People say

"Grit - you need to stick things out and give it a go"





Engineer
3D Printing

VIRTUAL SPEED CAREERS



What I do

Working with plastics, powders and metals to create new applications, such as dental implants or insoles for shoes

What I like

Always working on new things Working through challenging problems



What's hard

Dealing with problems that you've never seen before

Not always knowing the answer



My skills

Engineering degree Team work Creativity



People say

"You fail and you try again"





**Construction Project Manager** 

VIRTUAL SPEED CAREERS



What I do

Control all parts of a building project from start to finish



What I like

Building homes for people
Being part of an exciting moment in
people's lives



What's hard

Building sites can be dangerous if things aren't done safety



My skills

Bachelor of Construction Management Diploma of Building Construction

Confidence to make decisions



People say

"Don't think about the job name, think about what you want to do every day"





# **Business owner** (music industry)

VIRTUAL SPEED CAREERS



What I do

New business development Thought leadership



/hat I like

Good balance between work and family Leading and building a team



What's hard

Reporting for royalties as it takes lots of time



My skills

Passion for music Building relationships



People say

"You're not stuck where you are - think big!"





Lawyer and Workplace Mediator

VIRTUAL SPEED CAREERS



What I do

Working with employees and workplaces to resolve conflicts

Investigate complaints in organisations

Vhat I like

I get to speak to all different people from all walks of life

Work is interesting and varied

What's hard

Decisions made can seriously impact someone's life so there is pressure to do a good job

My skills

Certificate IV in Government Investigations
Law Degree
Analytical skills

People say

"Find work that is aligned with your personal values"





Marketing

VIRTUAL SPEED CAREERS



What I do

Thinking about the future of the business
Creating advertising to tell people
about the business

/hat I lik

Working with and leading people Trying out new ideas



What's hard

There are lots of different ideas and things to do so prioritisation can be hard



Qualification in Business and Markeitng\*
Curiosity
Learning mindset



People say

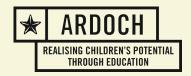
"Think about what you like and what you're good at"





**Paramedic** 

VIRTUAL SPEED CAREERS



What I do

Working in the ambulance Responding to medical emergencies



Vhat I like

Helping people Making a difference in someone's life



What's hard

Working in shifts and at night You see things that can be upsetting



My skills

Science bening medical issues Being able to talk to different people Compassion



People say

"Take some time to experience life and once you are on your career journey enjoy each part of it"





### Cafe Operations Manager

VIRTUAL SPEED CAREERS



What I do

Making sure the cafes are running smoothly



'hat I like

Lots of variety Working with my team



What's hard

Things can go wrong

Dealing with lots of different challenges in a team



My skills

service looks like
Coffee making



People say

"Always challenge yourself and concentrate on having positive relationships"



### FOR MORE INFORMATION PLEASE CONTACT

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